

Just One Bite by Miranda Rijks – Discussion Questions

****There are spoilers in the following questions****

1. What did you think of Brittany at the start? Did the woman you go to know in the book match her wholesome public image?

2. The first video is real – Brittany shouting at Alyssa after a stressful day when the nanny didn't turn up. Have you ever lost your temper in a moment you'd hate to have filmed? Did the public reaction feel fair?

3. Have you ever judged a celebrity, or a stranger, based on a short clip online? Did this book make you think differently?

4. Before you knew for certain that the videos were fake, did you ever wonder whether Brittany was an unreliable narrator?

5. Her husband, her family and much of the public didn't believe Brittany. How would you feel if the people closest to you doubted you? Did you understand why they reacted in that way?

6. What did you think of Tyler? Did you have any sympathy for him when he filed for divorce?

7. What did you make of Charlene, Brittany's mother-in-law?

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8. Whoever made the deepfakes had been watching Brittany's home, her studio and her marriage. Who did you suspect, and when?

9. Should the sponsors and the TV company have stood by Brittany until the truth was known, or were they right to protect themselves?

10. Who do you think was most to blame for the damage done to Brittany – the person who made the videos, the people who shared them, or the people who believed them?

11. Should a child's safety always come first, even if it means a parent might be wrongly accused? How did you feel about the way Alyssa's safety was handled?

12. Brittany's brand is built on the perfect family. Is it possible to live up to a perfect public image? What does the book say about the pressure on mothers in the public eye?

13. Should making and sharing a deepfake video of someone be a crime? Who should be responsible for taking them down – the social media platforms, the police, or the person who made them?

14. Brittany's lawyer and the tech expert she hires are among the few people willing to listen. How important were they to the story? Would you know how to tell a deepfake from a real video?

15. Were you surprised by the twists? Which revelation shocked you the most? Did the motive make sense to you?

16. Did you find yourself judging any of the characters for the choices they made? Who and why?

17. Having read the book, will you think twice about what you post online – or about believing what you see?

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